

# Teen Champion Awards

**Presented by:**

PENNCARE Adolescent and Young Adult Medicine  
Penn Medicine Radnor/Valley Forge

We are looking to recognize **exceptional** teens in our local middle schools, high schools and colleges, who have contributed to the health and well-being of their peers and young people. These teens can be the **unsung heroes** who do their work quietly in the background, the **advocates** who started campaigns to fight bullying, substance use, etc., the **facilitators** who help communication in their communities or brought Teen Health Week into their schools, or the **friend** who helped a fellow student in a significant way.

## Requirements:

- Teen must be a full-time student in Delaware, Montgomery, or Chester County
- One (1) letter of nomination from a peer, coach, teacher, clergy or employer
- Two (2) additional letters of support from the same groups listed above
- Each letter must be 300 words or less
- Submissions must be emailed to Dr. Janice Hillman [hillmanj@uphs.upenn.edu](mailto:hillmanj@uphs.upenn.edu) by **March 1, 2018** for consideration

There will be a monetary award, as well as recognition at the kickoff event for International Teen Health Week on Sunday, March 18, 2018 at the Center for Families, 1225 Montrose Ave, Bryn Mawr, PA from 1-2:30 PM (schedule to follow).

Nominees are encouraged to attend the event to be recognized.  
Winners are required to attend to receive their award.  
Supported by the Powell Family Foundation.



**TEEN HEALTH**  
**week**

**MARCH 18 - 24**